



LACROSSE ALL DAY

DAY CAMPER PROTOCOL

DAY CAMPER DROP OFF AND PICK UP AT WINDMILL BY CARDIGAN COMMONS CIRCLE OFF ALUMNI DRIVE

8:00 am BREAKFAST

(Day Campers may attend breakfast or be at camp by 8:50 AM)

9:00 am ATTENDANCE TAKEN

9:15 am LACROSSE FIELD SESSION individual skills session

11:15 am FREE TIME for swimming in the lake, weight training or personal coaching

12:15 LUNCH

1:00pm SPECIALIZED INSTRUCTION OFFERED

1:45pm LACROSSE FIELD SESSION—tactics

3:00pm ROUND ROBIN TOURNAMENTS

4:15pm FREE TIME (see morning free time)

Day Campers may leave at this time or stay, eat dinner, and attend evening game session.

5:15 pm DINNER

6:45pm ROUND –ROBIN TOURNAMENTS Evening league games.

Games will end around 7:45 PM: Pick-up for Day Campers at this time

Please have your son let us know that they are being pick-up at the camp store which is located in the outside doors at the cafeteria when they are leaving. (Camp Store is directly located at the Windmill circle for drop-off in the morning).